Financial Objectives.

Investment Solutions.

Sullivan County Public Health Services
Maternal & Child Health Programs
(845) 292-5910

Trabajadora de la Comunidad ext. 2207
Car Seat Program…………….. ext. 2250
Community Health Worker... ext. 2209
Cribs4Kids.......................ext. 2254
Early Care Programs.........ext. 2202
Healthy Families of Sullivan .ext. 2250
Health Education............... Ext. 2222
HIV/STI testing.................. Ext. 2213
Immunizations................... Ext. 2212
INFORMATION LINE....... 513-2268
Lead Program ............... ext. 2211
MCH Nursing ................... ext. 2246
WIC.................................ext. 2233

Sullivan County Public Health Services has a variety of free Maternal and Child Health Programs and resources for Sullivan County residents to assist them with their pregnancy, parenting, or health care needs, including Early Intervention, WIC, home visiting programs, nursing, car seats, immunization and testing clinics, health education, and more.

Please call 292-5910 to find out more about how Public Health Services can help you and your family have a healthier, safer future.
CONGRATULATIONS ON YOUR PREGNANCY!

Pregnancy is a normal process, and prenatal care is the best way you can take care of yourself and your baby. Prenatal care should start as soon as possible in your pregnancy.

Some people need assistance to get enrolled in prenatal care and to enroll in insurance to pay for it. Sullivan County Public Health Services can help you with that.

Maternal-Child Health (MCH) nurses are specially trained nurses who can visit you in your home during your pregnancy and afterwards. They can check the baby's heart rate, examine you to make sure everything is going well, teach you how to stay healthy during the pregnancy, and help you prepare for the birth and parenthood. They will talk with your doctor and can hook you up to other services you may need. MCH nurses will treat you with respect and are there to help you.

You may benefit from having an MCH nurse if:

You have a medical condition besides pregnancy, such as High blood pressure Diabetes, or Mental Illness,
You are a teenager or older than 35 years,
You are having twins or triplets
You've had a previous stillbirth, miscarriage, infant death, or other sad birth experience,
You're having medical problems with your pregnancy,
You feel alone in your pregnancy,
You are homeless, don’t have enough food, or can’t get insurance or prenatal care.

Ask your doctor to refer you for an MCH nurse, or call Public Health to discuss it, if you would like an MCH nurse but are not sure. Public Health does not deny service because of inability to pay, but will ask for financial and insurance information.